

**Report to the Cabinet Member for Health and Wellbeing
Report of the Director of Public Health and Wellbeing
Date: 9 February 2017**

Part I

Electoral Division affected:
All Burnley, All Chorley, All
Fylde, All Hyndburn, All
Pendle, All Preston, All
Rossendale, All South
Ribble, All West Lancashire

Neighbourhood Wellbeing Initiatives

Contact for further information:

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Executive Summary

The Cabinet Member for Health and Wellbeing has approached all county councillors inviting them to propose organisations and/or projects which they consider would improve wellbeing at neighbourhood level if funded by the County Council.

This report sets out the proposals that have been received for funding a range of such initiatives to be implemented by local stakeholder organisations.

Recommendation

The Cabinet Member for Health and Wellbeing is asked to consider whether to approve funding for the proposed wellbeing initiatives as set out in the report subject to appropriate grant funding agreements being agreed by the Director of Legal and Democratic Services.

Background

Public health development, improvement and reducing health inequalities have been a responsibility of Lancashire County Council (LCC) since April 2013. Ill health prevention and improving wellbeing of local communities are also key priorities for the local NHS organisations and the district councils across Lancashire.

The proposals set out in the report have been suggested by county councillors to the Cabinet Member as providing an opportunity to invest in a range of grass roots, community led wellbeing initiatives, with the proposed LCC funding utilised in some cases to lever in additional resources.

Unlike the processes applied to other established grants such as local member grants there has been no appraisal of the organisations or projects which have been proposed. However, going forward the Director of Public Health intends to propose a framework within which any future applications should be reviewed.

The proposals from community organisations requesting investment in initiatives across Lancashire are as follows:

Neighbourhood Wellbeing Initiatives

Scheme Title	Scheme description	Funding 2016/17
Chorley & South Ribble Shop Mobility (Chorley & South Ribble)	Grant towards purchase of scooters for disabled people to facilitate shopping and attendance at appointments in the town centre.	£2,000
Access Alpha Ltd (Mental Health Support for Women) (Burnley & Pendle)	Support for women with poor mental health in Burnley and Pendle, providing a safe space to discuss issues. It will also provide access to activities to improve mental health and wellbeing.	£6,895
West Lancashire ARC CIC (West Lancashire)	Support to Women in West Lancashire through: 1. Discussion sessions about issues and difficulties they face with health, education, training, work, child care provision; and access to appropriate advice. 2. Confidence building and development of skills for workplace.	£4,800
Dance Syndrome (Chorley & South Ribble)	Project targeted at people with learning disabilities, helping them to become more engaged and visible citizens; using dance as a vehicle for change. Project aims to engage new participants, by working in partnership with local organisations, to attend an established inclusive community dance sessions.	£2,110
Bradley Community Association - Women 2 Women (Pendle)	Support for women living in deprived wards in Nelson and Brierfield who suffer from health and wellbeing related issues such as diabetes, social isolation, and poor mental health. The project will develop and deliver events which will include focus groups, guest speakers and practitioners, to support improvement of health and wellbeing.	£5,800
Peoples Enterprise & Empowerment Forum - BME Elderly (Pendle)	The project will be delivered in the deprived Brierfield ward and target BME elderly who are isolated due to poor health and are living with a variety of health conditions. The project will provide luncheon clubs that will offer 1. freshly prepared hot meal 2. place to meet their peers/ friends	£7,000

	<p>3. an opportunity to make new friends</p> <p>4. an opportunity to socialise</p> <p>5. an opportunity to get support with mainstream services due to language barriers</p>	
Preston Muslim Forum Luncheon Club (Preston)	For a luncheon club targeting the BME community to provide hot meals and reduce social isolation.	£3,500
The Leyland Project - Diversionary Activities (South Ribble)	For projects to deliver diversionary activities for young people in Lowerhouse and Broadfield wards of South Ribble to reduce anti-social behaviour by provision of activities and courses that encourage learning; such as basic english, living on a budget, health and beauty, job journey etc.	£1,000
Stacksteads Countryside Park Group Rossendale Lantern Parade (Rossendale)	A grant towards the development and widening participation of a lantern parade through a series of workshops and parade.	£1,000
Ali School of Mixed Martial Arts (Pendle)	For a programme of activities in Nelson targeting women aged over 18 years to help them with their personal physical and mental health. The program will help those looking to improve weight management, physical activity and self-confidence.	£4,992
Ithaad, Nelson (Pendle)	A grant to match existing resources to support continuation of welfare support to the elderly.	£8,200
Alf's Blackbelt Academy, Stacksteads (Rossendale)	For a programme of subsidised martial arts activities for children and young people to improve health and wellbeing and social connectedness.	£1,000
Rising Bridge Community Association (Rossendale)	A grant to be used as 'match' funding for the redevelopment of play facilities in Rising Bridge Park.	£1,000
Divine Days Creative Arts CIC, Ormskirk (West Lancashire)	For a programme of dance activities for adults with learning disabilities, to improve self-confidence and social connectedness.	£1000
Scaitcliffe Community Centre, Accrington (Hyndburn)	A program for over 50's from the BME heritage backgrounds to help improve both physical and also mental health and wellbeing; through exercise and development of digital skills.	£5800
Barnoldswick Town Council (Pendle)	For provision of free school holiday swimming for primary age children at Pendle Wavelengths, Pendle Leisure Centre and West Craven Sports Centre	£7050
Brierfield Town Council (Pendle)	To engage, encourage and support young people (up to 16 years of age) and their parents in Brierfield to increase their participation in swimming during school holiday times.	£5,500

Nelson Town Council (Pendle)	To help tackle childhood obesity, getting young people active and providing activities through provision of free swimming at Pendle Wavelengths.	£10,496
INTACT Centre in Ingol, Preston - Fit and Fat Free (Preston)	For provision of: 1. Cook and eat sessions, with nutritional advice and recipes swaps. 2. A Multi-Function Device Printer/Scanner/ to produce publicity and marketing materials for promotion of health and wellbeing projects.	£5000
Fable Arts CIC, Lytham St Anne's – ShrimpTown (Fylde)	To hold a lunch and viewing for those who have worked to gather memories and stories from the shrimping community of Lytham St Anne's, creating 'ShrimpTown', a piece of theatre set against Lytham shrimping industry in the 1950's.	£5000
Burnley Wood Community Centre, Burnley (Burnley)	To provide facilities and deliver twice weekly 'cook and eat' sessions, promoting healthy eating on a low income.	£9801
Evanfest17 - Charitable Event, Preston (Preston)	To support the traffic management costs of a community music event raising funds for Bipolar UK.	£600
Enable U CIC, Colne (Pendle)	To contribute to the costs of: 1. The " Gannow Club" based at Gannow Community Centre, where weekly social sessions (karaoke, disco, pool, arts and crafts for adults with learning disabilities take place. 2. Dance classes at Hodge House for adults with learning disabilities.	£3020
The Open Door, Community Cellar Creative Hub (Pendle)	To work with, in particular, those with mental health issues, past and present addictions, people in isolation and the long term unemployed, to develop volunteering opportunities, skills, taking part in social and creative activities, further training and workshops.	£10000
Cottage Lane Mission, Ormskirk (West Lancs)	The project will: 1. Provide weekly activities for families with young children to improve social connectedness through art & crafts, cooking and drama. 2. Provide weekly luncheon club for older people.	£1000
The Civic, Ormskirk (West Lancs)	To facilitate an Open Day to promote volunteering in West Lancashire.	£1000

Age UK (Lancashire) Reminiscence Event (West Lancs)	To facilitate a reminiscence event for those aged 50 plus with dementia or a memory concern (and their carers) in Ormskirk and Skelmersdale.	£1000
Calico Enterprise Ltd, Burnley (Burnley)	To support financial review and sustainability of luncheon club provision across Burnley, by working with Burnley Council/Leisure Trust.	£10500
Building Bridges in Burnley (Burnley)	To support delivery of a range of activities, building positive relationships in communities, and improving physical, mental health and well being for both communities, families and individuals.	£2000
Calico Enterprise Ltd, Burnley – HEART Programme (Burnley)	To support delivery of a HEART Programme – The Healthy Eating and Responsible Thinking programme, focusing on the underlying psychological factors of obesity and weight management, such as poor self-concept, trauma (past or present), lack of emotional intelligence, low self-esteem/confidence, and stress.	£4500
Calico Enterprise Ltd, Burnley - Mediterranean Food Classes (Burnley)	To support delivery of healthy eating cooking classes targeting BME communities across East Lancashire focusing on health lifestyles, in conjunction with an exercise programme through Up and Active, and in partnership with Acorns Heart Programme.	£9500
Sahara in Preston, Preston – Mental Health Support (Preston)	To deliver support to BME women who have low to moderate mental health issues through a programme of education (healthy eating, understanding the link between food and healthy, exercise, ways in which many physical health conditions can be prevented) and building self-esteem, through confidence building activities.	£2000
Fishwick Rangers, Preston – Community Programmes (Preston)	To support delivery of: <ol style="list-style-type: none"> 1. Fishwick Street Sport - six a side football for youths aged 13-18 years using the community multi use games areas promoting regular exercise, community cohesion and social diversity; and estate based outreach sessions. 2. Disabled Group and Carer community sport project at Fishwick Community Centre to improve social connectedness and support to carers. 	£2450
Leyland Sports Association – Veterans Bowling (South Ribble)	To support Veterans Crown Green Bowling by bringing a disused bowling green back into use.	£4000
Pendle District Cricket League – Participation (Pendle, Burnley,	To support the participation of young people under 18 years of age in cricket across East Lancashire (Pendle, Burnley, Hyndburn and Rossendale) and improving their health and wellbeing; and fitness	£4200

Hyndburn and Rossendale)	walks for former players with limited physical activity.	
Together Lancashire – Fun, Friends and Food (East Lancashire)	To support provision of activities during school holidays, including provision of nutritious meals for children and parents / carers attending; addressing holiday hunger, engaging families, impacting on isolation and self-esteem.	£2000
Eagle and Child Bowling Club, Leyland – Seating and Shelters (South Ribble)	To upgrade seating areas and build new shelters for participants and spectators. It is anticipated that upgrading facilities will encourage more elderly and disabled members of the community to participate.	£2000
Creative Futures, Burnley – (East Lancashire)	To engage young people and empower them to gain confidence, increase their social and communication skills and build their teamwork and creative skills through a variety of art forms, including visual art, nasheeds and music	£8800
Bacup Pride, Bacup – Gardening Projects (Rossendale)	To support gardening projects in Bacup: 1. Planters in the centre of Bacup, and bulbs for other planters in the town centre. 2. The second is for a project recently started to make good the derelict land in Bacup. Both projects are engaging local people and improving social connectedness.	£500
Whitworth Sports Council – Sports Festival (Rossendale)	To support the annual Whitworth Sports Festival, to engage people in sports and fitness, often for the first time.	£500
Community Leisure Association of Whitworth - Swimming Provision (Rossendale)	To provide free taster swimming lessons for children and aqua tai chi for adults, with a view to increasing take up of swimming.	£500
Whitworth Valley Football Club, Whitworth – Football Funday (Rossendale)	To support delivery of a Family Football Funday, and to purchase new equipment, developing skills of members, and also to encourage new participants of all ages and abilities.	£500
Mid Pennine Arts, Whitworth - Spodden Valley Revealed (Rossendale)	To support family outdoor activities, exploring the heritage of Whitworth through walks, including interactive, naturalist activities and archaeology.	£500
Jinnah Development Trust Ltd, Burnley – Digital Buddies (Burnley)	To support a programme targeted at elderly people who are isolated and have little IT literacy, to increase skills and improve social connectedness through social media.	£3780

Lancashire Council of Mosques, Blackburn – Health and Wellbeing (East Lancashire)	To support delivery of health and wellbeing projects.	£5000
St James CE Primary School, Regent Street, Haslingden - Sensory Equipment (Rossendale)	To provide sensory equipment and develop sensory areas around school, creating a relaxing atmosphere to calm and relax children with emotional needs.	£2845
Fylde Arts, Lytham - Intergenerational Well Being Project (Fylde)	To support work with a group of disengaged young people to organise an afternoon tea party with appropriate activities/entertainment for a group of older people.	£1500
Lytham Community Choir Lytham – Celebration & Equipment (Fylde)	To support Lytham Community Choir in delivery of a celebratory event and provision of new PA and equipment.	£5000
Skelmersdale Men Aces, Skelmersdale – Adventure & Training (West Lancashire)	To provide a grant towards the cost of an adventure and training holiday weekend for the football team for adults with learning disabilities.	£5000
Friends of the Estuary Coastal Care Group, Lytham – Celebration (Fylde)	To support the Group in delivery of a celebratory event for volunteers who meet weekly to clean and care for the Ribble Estuary whilst improving social connectedness.	£900
Park View 4 U, Lytham – Celebration & Equipment (Fylde)	To support the Gardening Club: <ol style="list-style-type: none"> 1. Through provision of equipment and materials for maintenance of the kitchen garden, used to provide fresh, local, organic fruit and vegetables to the park café. 2. Through provision of bee keeping equipment and materials. To support the delivery of Wood Fest providing an opportunity for families to learn new skills and participate in wellbeing workshops.	£5000
Kingsfold Primary School, Penwortham – Nurture Group (South Ribble)	To establish a nurture group before school to support a group of children needing breakfast and wellbeing time from the family support worker.	£200

Homestart, Penwortham – Holiday Hunger (South Ribble)	To provide sessions during school holidays for families, to include breakfast, activities for all of the family and lunch; plus craft sessions for parents.	£3500
Face to Face, Heysham – (Lancaster)	To support a group of parents, relatives and children with special needs in Heysham, to move premises, establish activities and provide equipment.	£1000
Colne in Bloom, Colne – Hi Viz (Pendle)	To support the group in enhancing the local community through provision of Hi Viz jackets for volunteers.	£200
Whitewell Bottom Community Association (Rossendale)	To support delivery of health and wellbeing projects.	£5000
Total		£208,939

Consultations

The initiatives set out in the report have been proposed by county councillors.

Implications

Finance

Any initiatives that are approved will be funded on a one off basis from the 2016/17 Public Health and Wellbeing budget.

Legal

Although each proposed grant is relatively low, consideration must be given in each case as to whether the funding contravenes the state aid rules. The de minimis exemption allows grants of €200,000 in any three year period to be given to an organisation.

However, in calculating whether the €200,000 ceiling has been reached *all* funding from public bodies to that organisation must be taken into account. Contravention of state aid rules can lead to action against the Council as well as the recipient. In making grants to organisations, the Council should also notify recipients as to the need to include this funding in any future state aid de minimis calculation.

Should any of the proposals amount to the de minimis threshold being exceeded, it is possible that other state aid exemptions could apply. However, these must be formally assessed and recorded as all state aid other than that which is classed as de minimis must be reported to the Department for Business, Innovation and Skills.

If state aid rules are breached action may be taken against the public authority granting the aid by other organisations who consider they may have suffered a competitive disadvantage. Organisations may therefore be required to provide

further details of the initiatives including a breakdown of how the grant funding is to be used. All grant funding made available by the Council will be subject to the recipient agreeing to binding terms as to its use. This will also include clawback provisions to address misuse of the funding or breaches of legal requirements including state aid rules.

List of Background Papers

Paper	Date	Contact/Directorate/Tel
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N/A		
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Reason for inclusion in Part II, if appropriate		
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