

## **Lancashire Health and Wellbeing Board**

Meeting to be held on 19 March 2019

Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme

Contact for further information:

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### **Executive Summary**

This report provides an update relating to the Lancashire Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme.

The Board will receive a presentation highlighting performance to date, the role of Primary Mental Health Workers and the delivery of Youth Mental Health First Aid Training in schools, the Lancashire 'Emotional Support to Schools' Service and the revised mandate for delivery of the Complimentary Offer across Lancashire and South Cumbria. Finally, there will be an update on the funding of mental health provision for children and young people.

### **Recommendation**

The Health and Wellbeing Board is recommended to note the report.

### **Background**

This report provides an update relating to the Lancashire Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme. The Programme is a partnership between four Local Authorities and eight Clinical Commissioning Groups across Lancashire and South Cumbria to improve the emotional wellbeing and mental health of children and young people.

The last update to the Lancashire Health and Wellbeing Board in November 2018, highlighted achievements during 2018, performance against Access targets, an update on delivering the THRIVE Model and the Redesign of the Child and Adolescent Mental Health Service.

Since this date, there has been specific focus on undertaking a full review and refresh of the Lancashire Transformation Plan. In late 2018, it was endorsed that the Transformation Plan would now reflect the wider Integrated Care System geography bringing Lancashire and South Cumbria together as partners. A Lancashire and South Cumbria Transformation Plan will be delivered as of 1 April 2019. For this reason, a full, in-depth review is in progress facilitating the opportunity to once again extensively engage with children and young people, families and wider stakeholders.

As part of this refresh, the Plan now recognises and is led by eight key Principles that will influence and be accounted for within all aspects of our planning and delivery. 2019 sees the introduction of an additional principle from previous years, with a specific focus on the needs of vulnerable children and young people. Furthermore our work with colleagues across the wider Lancashire and South Cumbria Integrated Care System (L&SC ICS) will facilitate continued opportunity to raise the profile of children and young people with emotional wellbeing and mental health issues, and ensure their needs are reflected in other programmes of work, such as the Learning Disability and Autism Workstream, the Adult Mental Health programme, the All Age Suicide and Self Harm Strategy and the Lancashire and South Cumbria Integrated Care System Workforce Strategy.

The Transformation Plan for 2019 now presents four key work streams encompassing 17 objectives:

1. Promoting resilience, prevention and early intervention
2. Improving Access to Effective Support
3. Ensuring appropriate support and intervention for children and young people in Crisis
4. Improving Service Quality

The reduced number of objectives from the previous 26 objectives, reflects the progress and achievements thus far and the reframed direction of travel towards 2020/21 as defined in Future in Mind 2015 and also the NHS Long Term Plan 2019.

For 2019, the Transformation Programme has highlighted three priority areas of work for the year ahead:

1. Develop an online portal known locally as 'Digital Thrive' offering information, advice, self-help, care pathways and a self-referral process (Objective 3)
2. Redesign CAMHS and the Complementary Offer in line with the Thrive model (Objective 2 & 4)
3. Define and deliver appropriate specialist inpatient and community intensive supports as part of 'Getting More Help' within Thrive (Objective 6)

At the Health and Wellbeing Board, November 2018, Board members requested a further briefing around the issues of how we collectively fund and deliver mental health provision for Children and Young People in a more equitable way plus an insight into aspects of the programme that serve to support the wider needs of children and young people with emotional wellbeing and mental health issues.

The Board will receive a presentation highlighting performance to date, the role of Primary Mental Health Workers and the delivery of Youth Mental Health First Aid Training in schools, the Lancashire 'Emotional Support to Schools' Service and the revised mandate for delivery of the Complimentary Offer across Lancashire and South Cumbria. Finally, there will be an update on the funding of mental health provision for Children and Young People.

## List of background papers

NHS Long Term Plan 2019

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/nhs-long-term-plan.pdf>

Five Year Forward View for Mental Health 2016

<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing 2015

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme Update to the Lancashire Health and Wellbeing Board 20th November 2018

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=7484&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme Update to the Lancashire Health and Wellbeing Board 25th January 2018

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=6650&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme Update to the Lancashire Health and Wellbeing Board 20th June 2017

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=6647&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme Quarterly Update Presented to the Lancashire Health and Wellbeing Board Monday, 24th October, 2016

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=5299&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme Update Presented to the Lancashire Health and Wellbeing Board 13 June 2016

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=5297&Ver=>