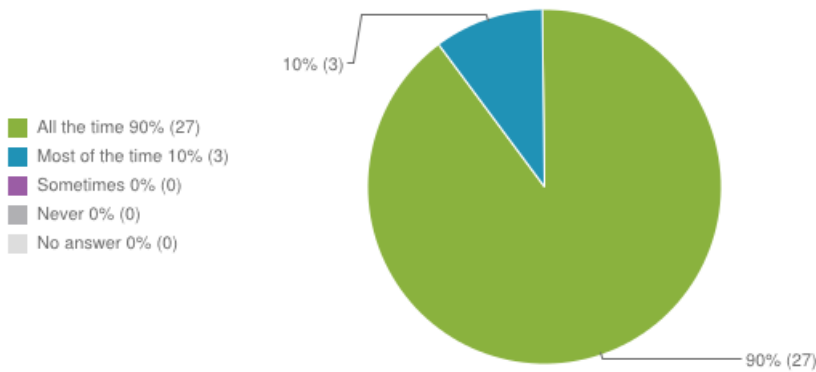
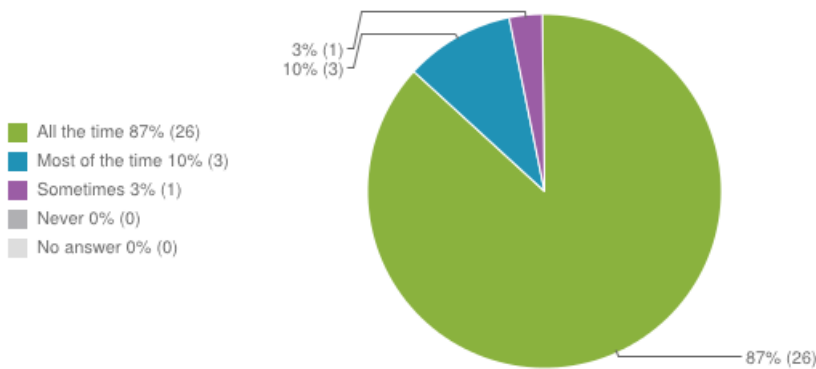


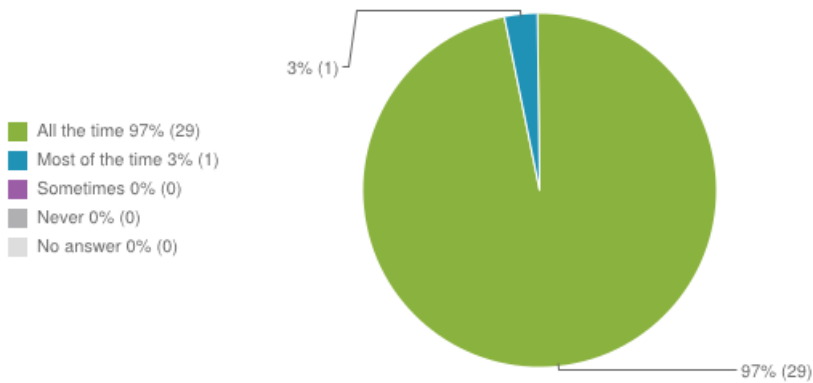
1 The care and support I get from my foster carers is very good



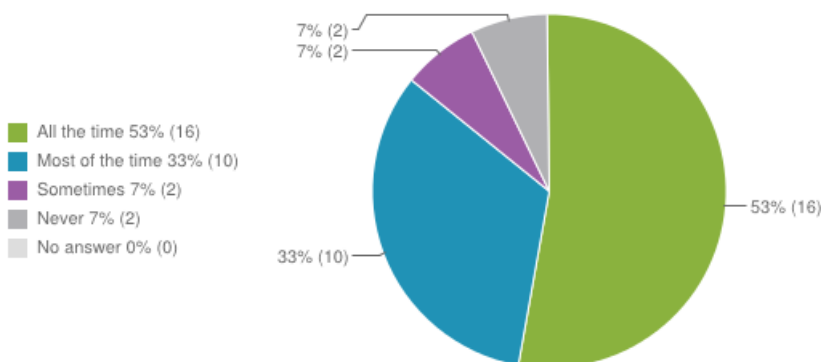
2 My foster carers help me to feel good about myself



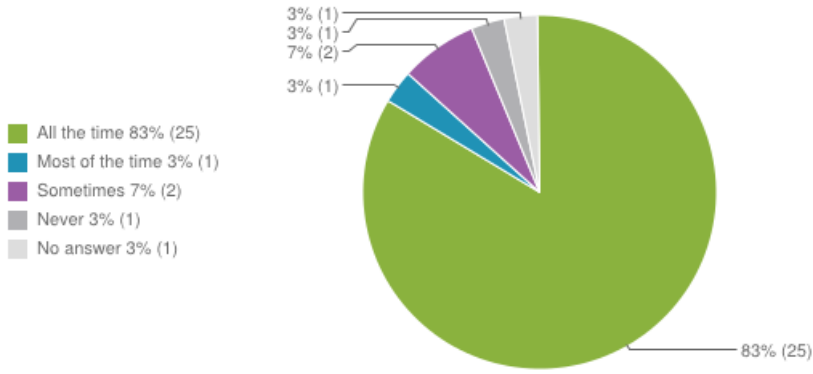
3 My foster carers listen to what I have to say



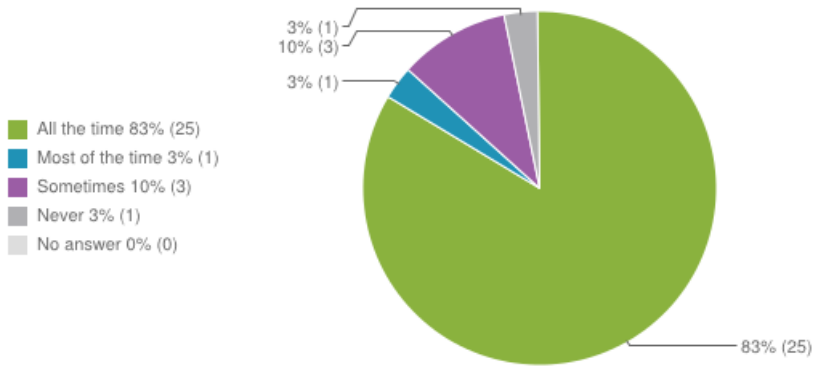
4 My foster carers make changes to my care because of what I say



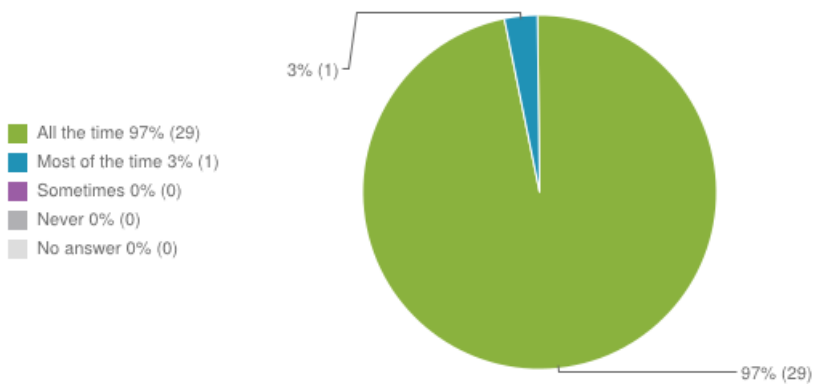
5 My culture is respected and supported



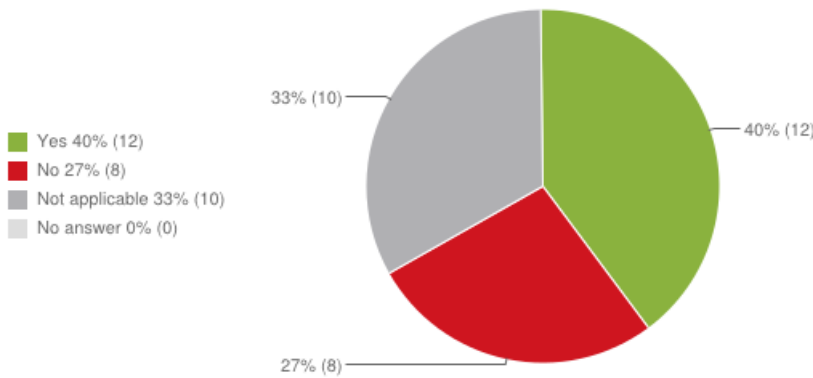
6 My religious beliefs are respected and supported



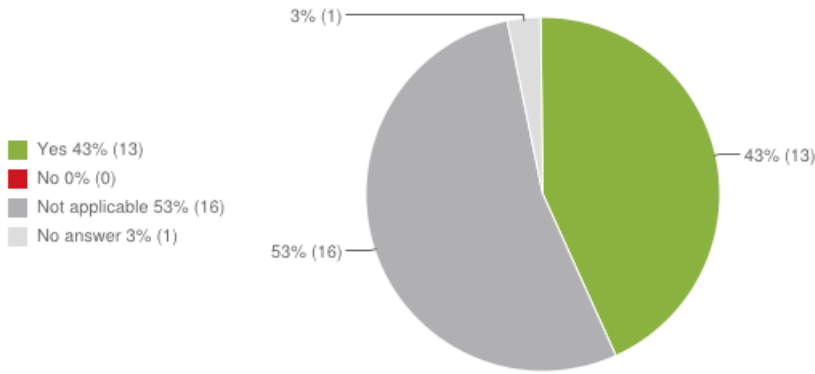
7 I feel safe with my foster family



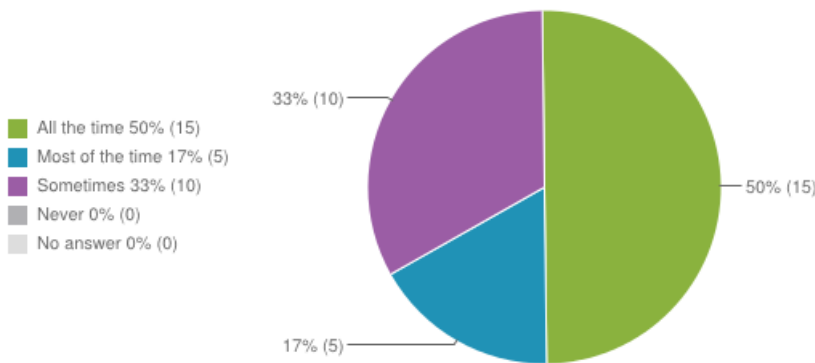
8 I was able to find out lots of useful things about my foster family before I moved in with them or had a short break



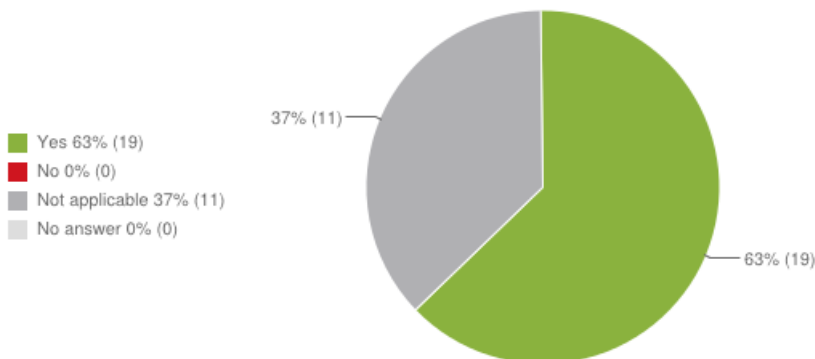
9 My foster carers helped me when I was bullied



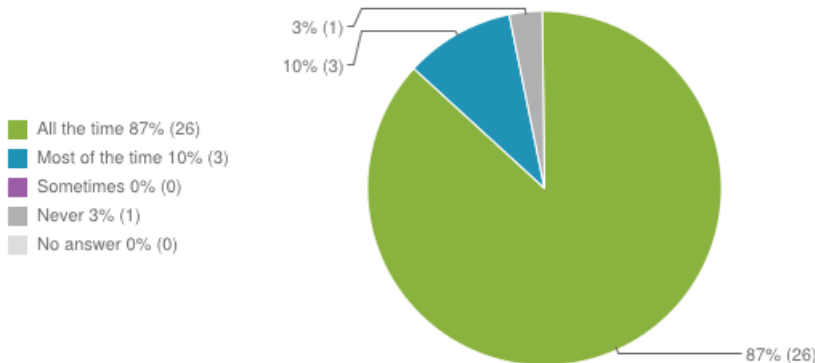
10 The staff from the fostering service ask me what I think about my foster carers



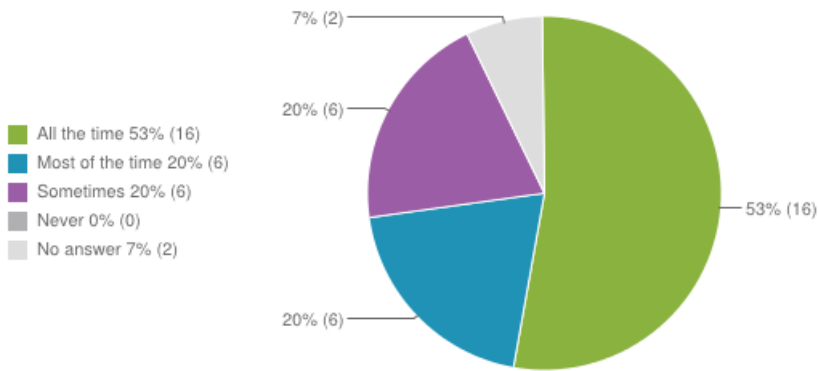
11 If I complain my complaint is taken seriously and dealt with properly



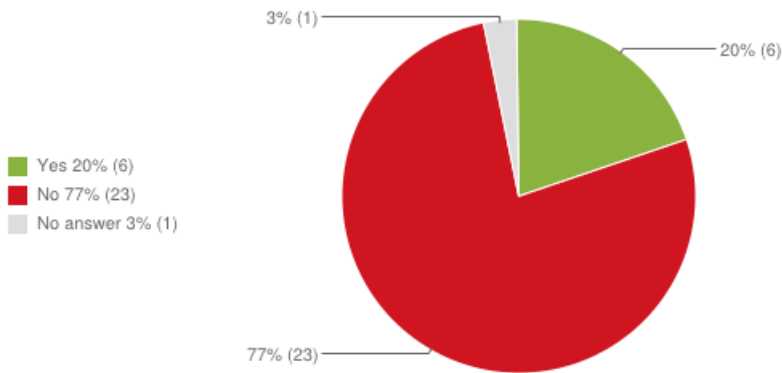
12 My foster carers help me to deal with things that I worry about



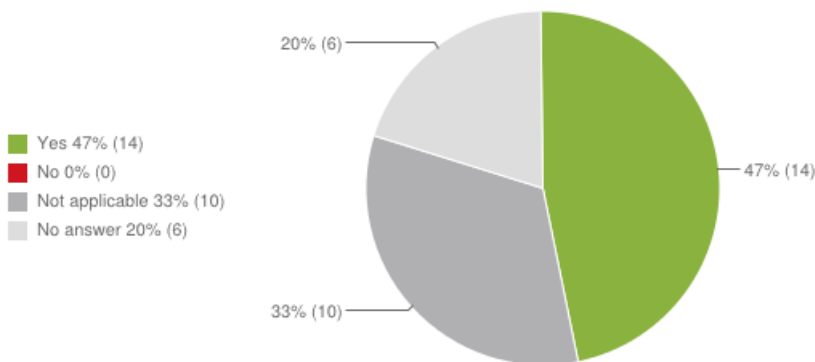
13 I take part in activities I like: things like dancing classes, football, scouts, art classes, rock wall climbing, theatre groups, horse riding, swimming or singing



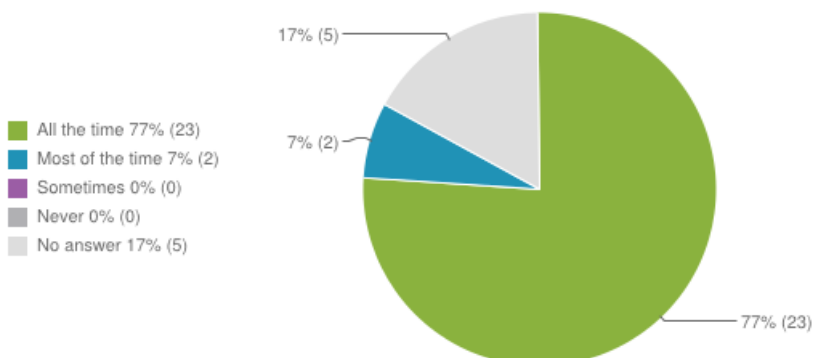
14 Do you get a short breaks service (respite care)?



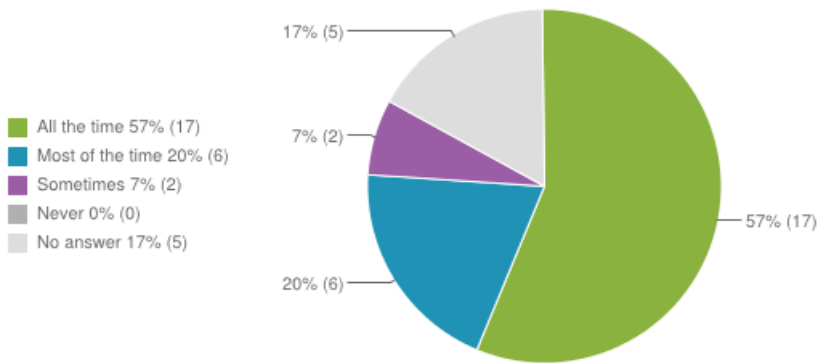
15 My foster carers help me to prepare for when I will live independently. Things like paying bills and being able to cook and keep a house clean



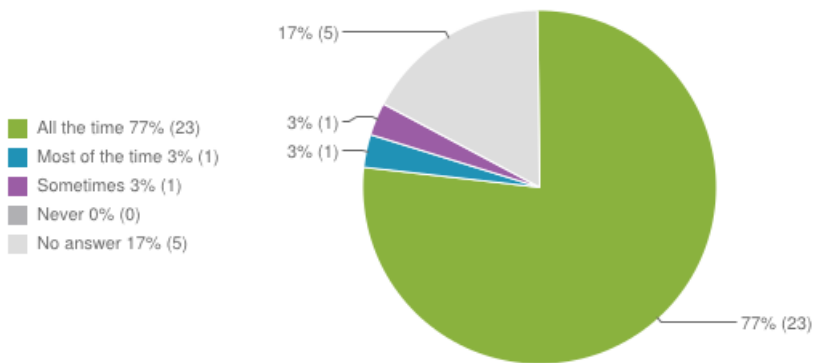
16 I feel like a member of the foster family



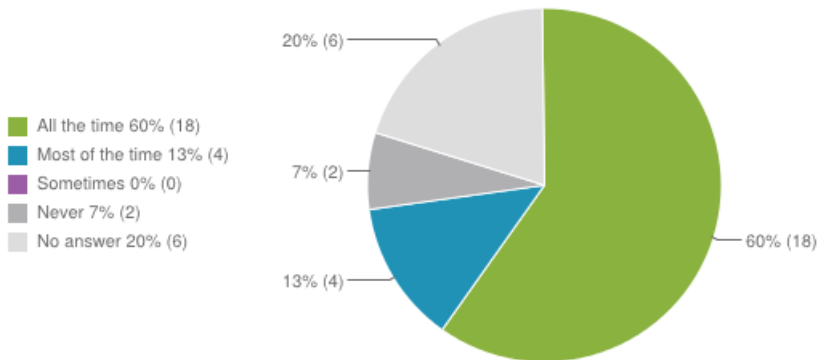
17 I am doing well at school, college, university, in home education or another place that provides education, such as a pupil referral unit



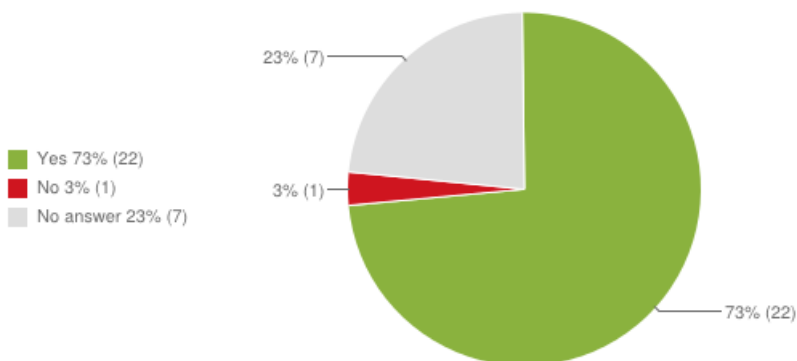
18 My foster carers help manage my behaviour if it is getting me into trouble



19 My foster carers help me to understand what has happened to me and why I cannot live with my family



20 My foster carers help me to take part in meetings about me



21 If I go missing, my foster carers welcome me back and try to understand why this happened

