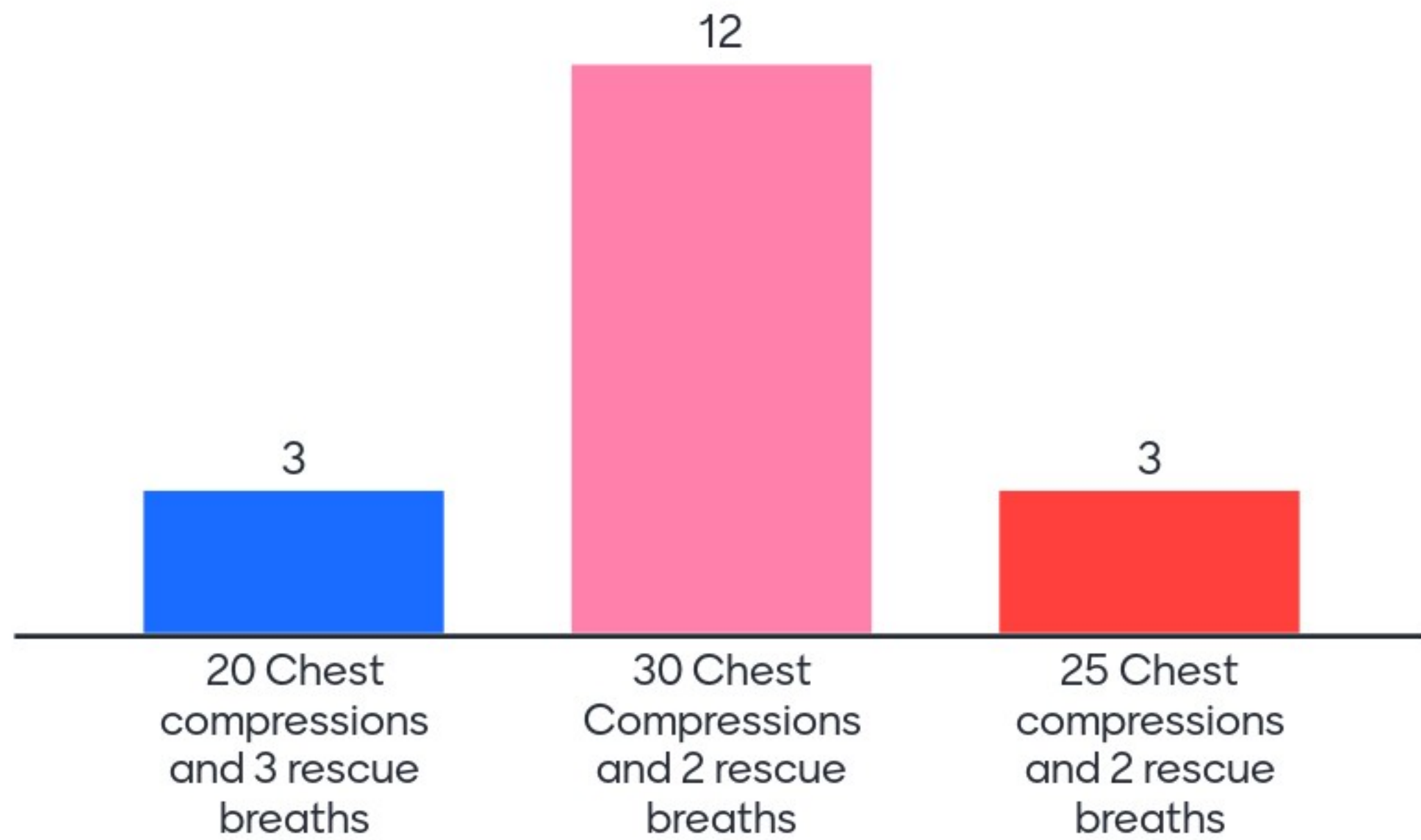


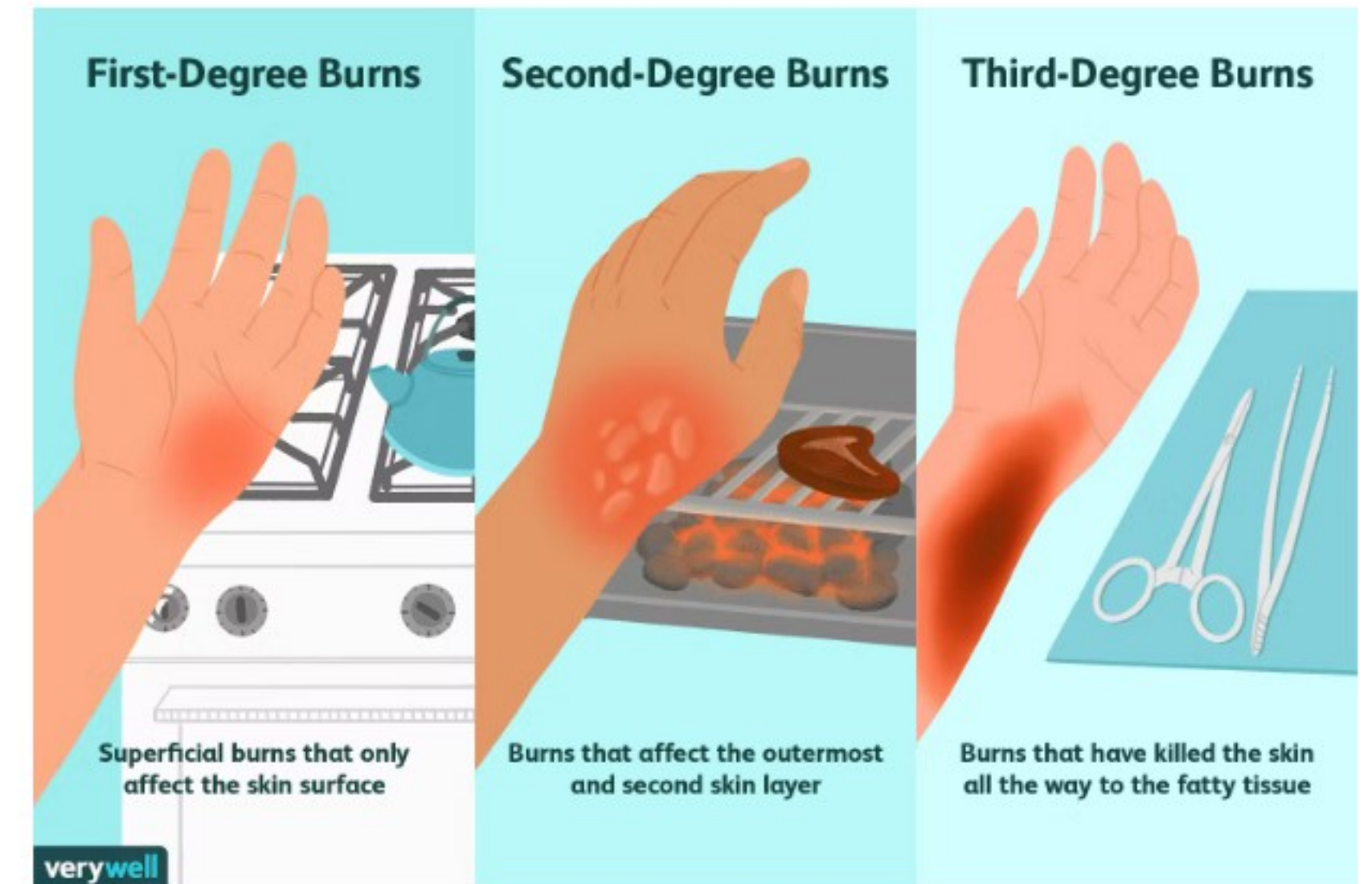
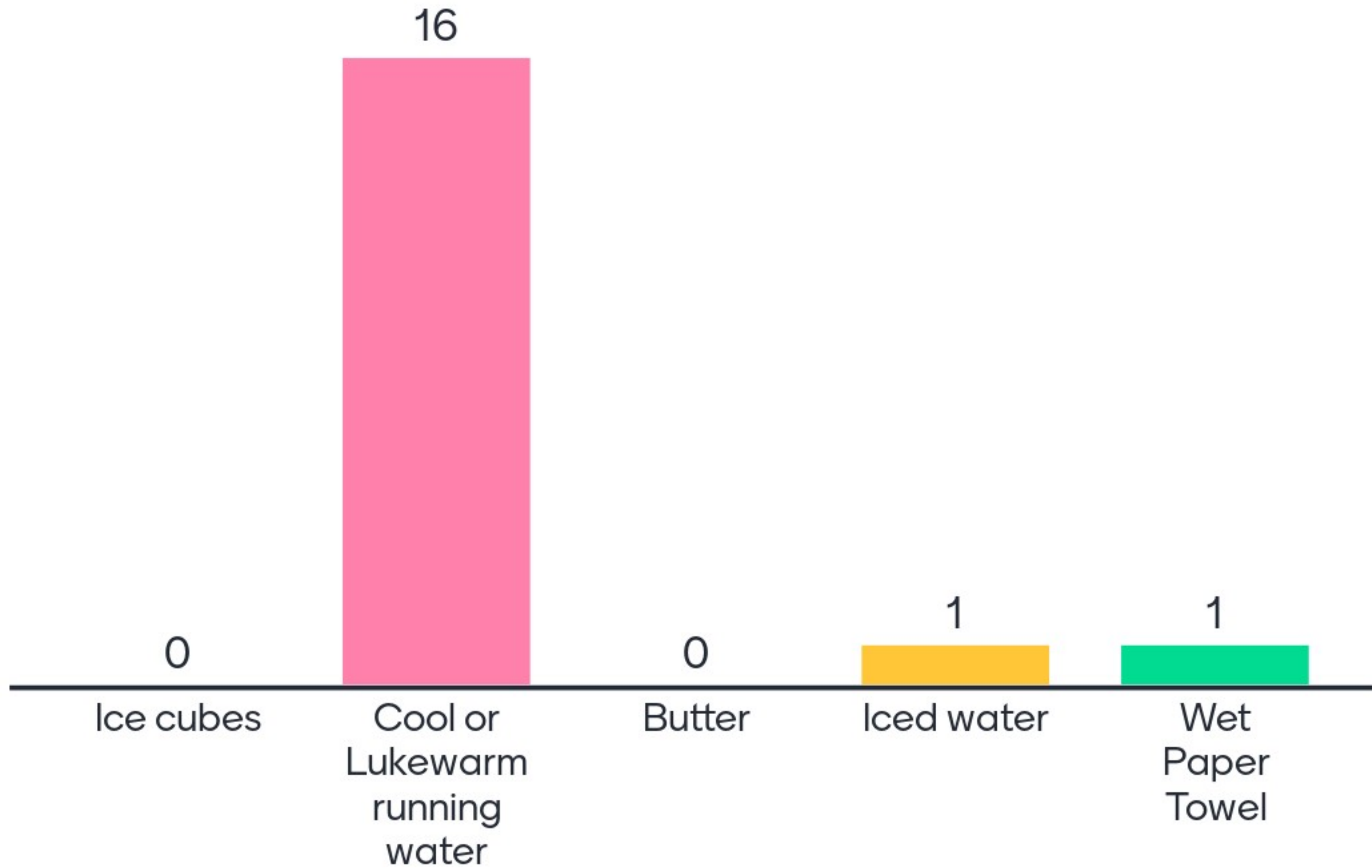
Children in Care and Care Leavers Health

- Permanence Plan and Priorities
- Personal experiences
- How can we as young people support the process
- What makes me happy and healthy?
- Health Passport

What is the correct way to administer CPR?

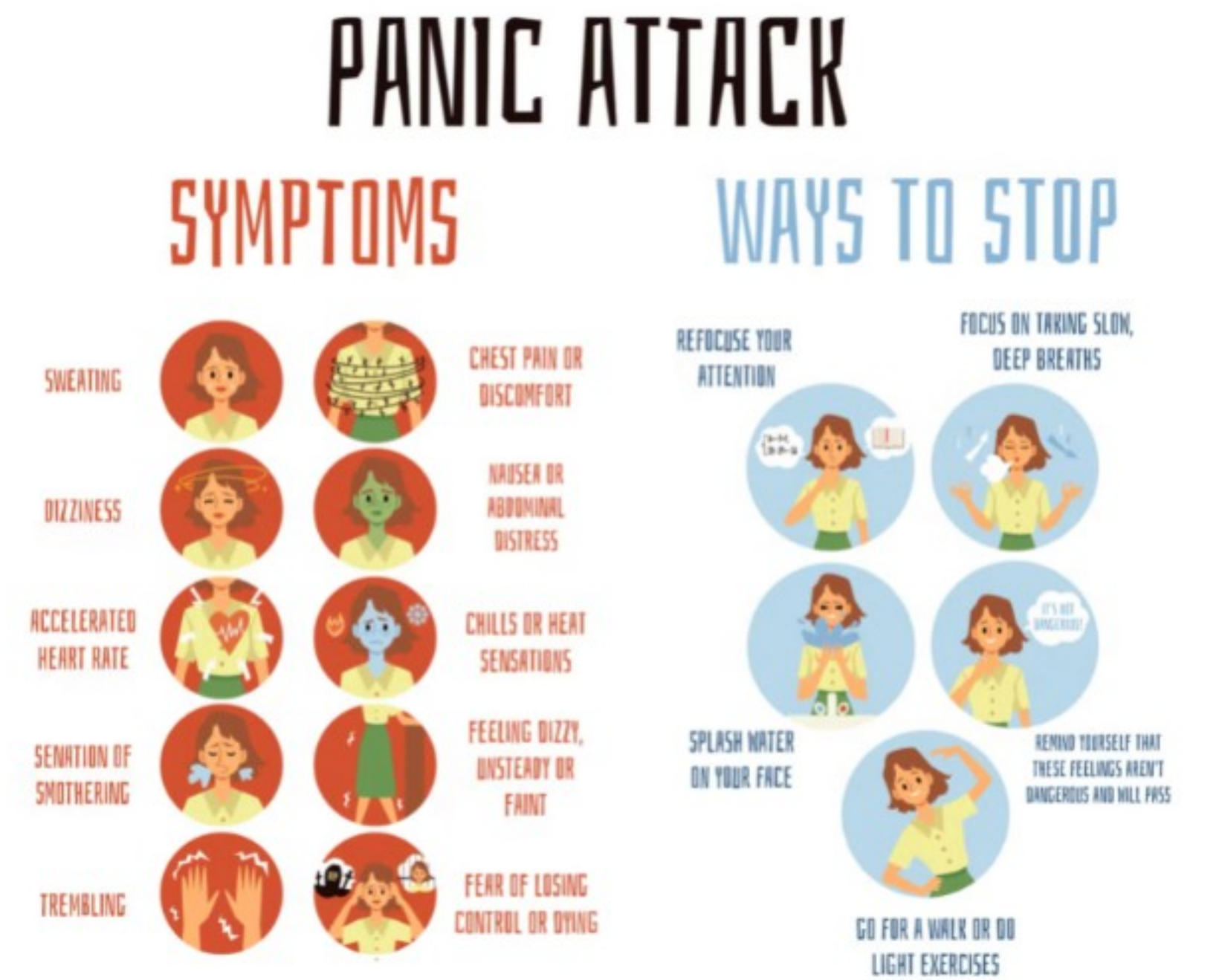


What should you put on a burn?

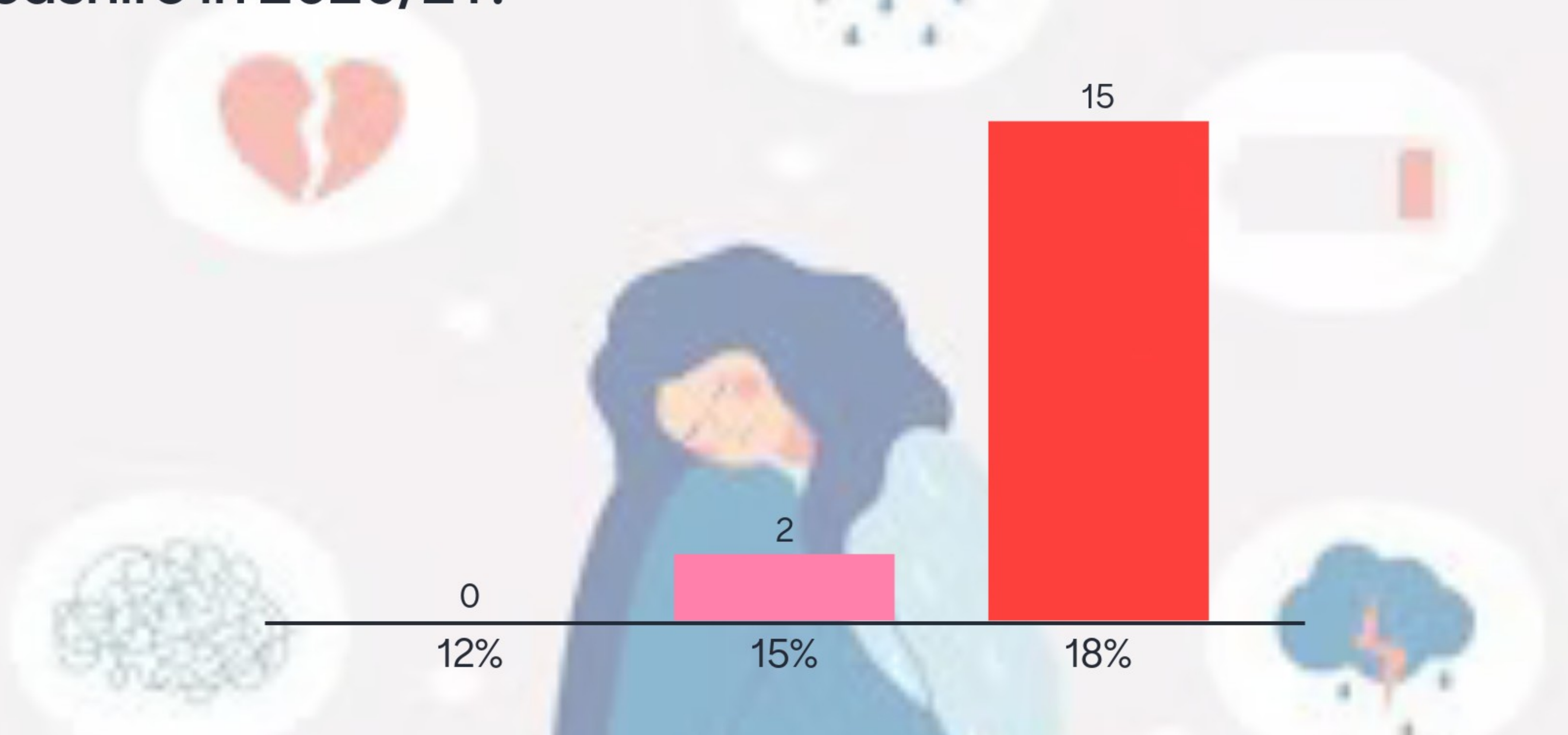


What should you do when someone else is having a panic attack?

15 questions
6 upvotes



What is the record prevalence for depression for over 18s in Lancashire in 2020/21?



Permanence Plan and Priorities

Improving sufficiency to provide the right home at the right place

Improving social, physical, emotional and mental health support and outcomes

Personal Experiences



How can young people support the Process!

- Health Champions-Residential Training.
- Speaking about experiences
- Fundraisers
- Training-Mental health Diets, Health champions, First aid
- -What to do with: Anxiety, panic attacks, epilepsy and asthma-Who can help train us?



What makes me happy and healthy?

Health Passport

- When did the health passport come out?
- Why didn't all care leavers still under the local authority receive this?
- What is the best way to receive this?
- Is there a way to backdate to make sure all the care leavers receive this? If not? why?





Who can help us? What can you offer?



**Thank you
for listening**