

Lancashire County Council

Lancashire Health and Wellbeing Board

**Minutes of the Meeting held on Tuesday, 14th November, 2023 at 2.00 pm in
Tatton Community Centre, Tatton Gardens, Silverdale RD, Chorley, PR6 0PR**

Present:

Chair

County Councillor Michael Green, Lancashire County Council

Committee Members

County Councillor Graham Gooch, Lancashire County Council

County Councillor Sue Whittam, Lancashire County Council

Dr Sakthi Karunanithi, Public Health, Lancashire County Council

Dave Carr, Policy, Commissioning and Children's Health, Lancashire County Council

Louise Taylor, Adult Services and Health and Wellbeing, Lancashire County Council

Chris Sinnott, Lancashire Chief Executive Group

Councillor Jennifer Mein, Central, Lancashire Leaders Group

Clare Platt, Health Equity, Welfare and Partnerships, Lancashire County Council

Sam Gorton, Democratic Services, Lancashire County Council

Apologies

Councillor Barbara Ashworth, East Lancashire, Lancashire Leaders Groups

David Blacklock, Healthwatch

1. Welcome, introductions and apologies

The Chair welcomed all to the meeting and thanked the staff at Tatton Community Centre, Tatton Gardens, Chorley.

Apologies were noted as above.

Replacement for the meeting was Dave Carr for Jacqui Old, Education and Children's Services, Lancashire County Council.

The Board noted that the Deputy Chair of the Board, James Fleet had resigned from his role and as Chief Officer for Lancashire and South Cumbria Integrated Care Board as he commences a new role with Sandwell and West Birmingham Hospitals NHS Trust as Interim Chief People Officer. The Board thanked James for his leadership and significant contribution to the Lancashire and South Cumbria health and care system and the Health and Wellbeing Board and wish him all the very best



in his new role. The Board noted that a new Deputy Chair from the Integrated Care Board was being sought and an announcement would be made as soon as possible.

Chris Sinnott, Chief Executive, Chorley Borough Council gave a brief overview about the project and Tatton Community Centre which opened in early 2023 and offers extra care residential facilities, a nursery, GP Surgery, café, hairdresser and pharmacy. The Board also noted that there was another residential extra care facility at Primrose Gardens in Chorley.

2. Disclosure of Pecuniary and Non-Pecuniary Interests

There were no disclosures of interest in relation to items appearing on the agenda.

3. Minutes of the Last Meeting held on 5 September 2023

Resolved: That the Board agreed the minutes of the meeting held on 5 September 2023.

The Board were asked to note the following matters arising:

On 13 November 2023, the Council was notified that £8.4m had been awarded to support further work on alcohol and drug abuse in Lancashire, which was part of the Board's Happier Minds priority. It was also noted that Lancashire was specifically mentioned as an area of best practice.

CC Green updated the Board that he had visited premises that sold vapes with Trading Standards officers from Lancashire County Council. He had visited eight businesses and four of those failed the test on underage sales. It was agreed that it was an ongoing struggle to ensure businesses were selling products that were both legal and being sold to the right age of consumers.

4. Community Voice

The Chair welcomed Caroline Greer, Manager, UDevelop CiC who provided an overview of the work they do in creating structured programmes aimed at helping shape, change and have a positive ongoing impact on a person's life.

The Board noted the various opportunities/programmes on offer such as:

- Chorley Shed which is a community project provided for people who are referred through the social prescribing system and is a six-week program to help support them to grow in confidence and to balance their wellbeing for a sustainable life.
- Remote confidence building courses in the home for people who are unable to leave the home due mental health issues.
- Coaching services to integrate people back into society through various community programmes.
- UDevelop CiC was commissioned by Rise Construction Framework, supported by Chorley Council to run, and enhance the provision into Tatton Community



Centre to target the people of Chorley to help improve wellbeing and to also improve employability opportunities, personal and career development for adults.

- Over the last six months, consultations have taken place within the local community to find out what residents would like to see happening alongside working with local Councillors.
- Provision is being delivered in Phases 1 and 2 with regards to different local workshops, such as Yoga, coffee and chat/community drop in, health discussions to help reduce health inequalities.
- There has been an increase in groups, in terms of people with specific individual needs, neurodiverse groups, and working with Adult Social Care, Lancashire County Council and the NHS who bring groups to community drop-in sessions.
- Monday and Thursdays are warm space days and the over 50s have been targeted who are in isolation and are given opportunities to participate in arts and craft sessions and make new friends.
- There is a walk and talk session on a Thursday and case studies can be found in the monthly blogs that are produced and shared on social media.
- Chorley Women's Centre is also integrating and UDevelop are working with them on cultural and information days to bring a diverse community together in a community space.
- They are supporting local businesses such as JellyTots (0-4 years provision) and Rhythmicity.
- Phase 3 is looking at creating some more male and female groups as a drop in for Chorley East which are required due to over-spill.
- There is a special educational needs drop-in for people with neurodiverse doing board games in the evenings.
- With regards to the digital element, eight residents have completed a digital programme, and this has enabled them to speak with families across the world, online shopping etc and in working closely with Cellnet, once they completed the course, it has given them the opportunity to obtain a tablet or computer.

Further information on how UDevelop have developed the community including monthly blogs and what is on offer, can be found here: <https://www.udevelop.org.uk/>.

Following the presentation, the following comments were made:

- Connections with young families are starting to improve, particularly with remote services, however, discussions are underway with regards to outreach work, leading to more opportunities for families such as drop-in sessions. Inspire have been carrying out a consultation with young people to find out what it is they want, which will enable a programme to be built for outreach in the community centre.
- As part of the Best Start agenda, it was felt that a lot of work was already happening in Chorley and that the County Council can link in also.
- In terms of the Special Educational Needs drop-in sessions, it would be useful to promote this on the Local Offer and the County Council need providers to deliver Lancashire Break-time activities which is a commissioned service, therefore it would be useful for UDevelop to link in with the Council.
- UDevelop were commended on the different age ranges it caters for in the community and it was noted how significant it was to have NHS resources



operating from the Centre. It is hoped that this will strengthen the partnership between NHS and Councils under the Integrated Care Board and how pooled funding can be capitalised on what already exists.

- The project shows the power of what can work in a locality.
- There are difficulties still connecting to both District and County Councils and it is incumbent on the Health and Wellbeing Board to make sure it is aware that the system hampers the good work, and this needs to be addressed by the Integrated Care Board, Districts and County Councils.
- As a commitment from the Board to integrated health and social care, it needs to find out what the barriers have been, so it can map out how the Board can start to deal with them. It was noted that Chorley Council can do some work around it and share with others and UDevelop also agreed to do some consultation work on this too and look to discuss this further with Healthwatch to consult on a much larger footprint on what the specific individual needs are, in adult social care.
- This is an example of leadership from a local Government organisation, working with community organisations to help people remain well within their community.
- As a Health and Wellbeing Board, through the Place Based Partnership, there needs to be a long-term plan for community health and wellbeing, which needs to include facilities such as Tatton Community Centre in other districts in Lancashire.

- Resolved:**
- (i) That the Board noted the presentation and thanked Caroline Greer for her presentation.
 - (ii) Chris Sinnott, Lancashire Chief Executive Group agreed to provide some insight from a Chorley Borough Council perspective, into what barriers have been faced in setting up the Community Centre and what lessons can be learnt, and to share these at a future meeting of the Board.

5. Creating a Smoke Free Generation

Marie Dermaine and Paula Hawley-Evans, Public Health, Lancashire County Council provided the [report](#) which outlines the Government's intention around creating a Smoke Free Generation (as outlined at [Appendix 'A'](#)) and how the Lancashire Health and Wellbeing Board can support the Government's approach to national and local implementation.

The report provides a short briefing on the recent Government command paper: Stopping the start: our new plan to create a smoke free generation setting out ambitious proposals to prohibit the sale of tobacco products for future generations, measures to support current smokers to quit as well as wider actions to curb the rise in youth vaping, which alludes to the [report](#) that was received by the Health and Wellbeing Board on 5 September 2023.

The Board noted that additional funding had been confirmed as of 13 November 2023 of £1.6m to support this agenda and that the money is ringfenced under Section 31 meaning it is very specific on what it can be spent on in addition to the work that has already been committed to in terms of the smoking cessation.



The second part of the report is a program that has been announced on additional funding for a swap to stop program to help current smokers stop smoking.

The Board were informed that there are approximately 145,000 smokers across the 12 districts of Lancashire with a smoking prevalence of around 13.4% in comparison to England which is 12.7%. There is a trajectory of variants between 6% and 20% per area, which averages at around 23% of smokers per district. 83% of smokers start before the age of 20. The target by 2030 is to reduce the number of smokers in Lancashire to 5%.

The costs of smoking to Lancashire are significant at approximately £372m and are accrued through productivity loss, healthcare (£50m) and social care (£28m) and includes former smokers with smoking related illnesses.

In terms of supporting the Government's intention to achieve a smoke free generation, on the 1 October 2023, Lancashire County Council launched the service, Smoke Free Lancashire and continues to invest in reducing tobacco related harm. This service has a specific focus on vaping for children and young people to support them to stop, not take up smoking, and to support educating around vapes. There is a consultation that has been to schools, circulated to the Integrated Care Board, promoted through primary and secondary care and through internal comms. The Board were asked to encourage completion of the consultation. Further work is being carried out with Trading Standards on the issues around underage sales and the Where's the Harm booklet has been circulated to schools.

There is also support for over 18s too through Smoke Free Lancashire through the Tobacco Free Lancashire group and will target place-based areas where smoking prevalence is high and link in with NHS colleagues to ensure a joined-up approach and have a focus with population health.

The Board noted that in terms of the Swap to Stop, cohorts of people will be targeted who require help and support to stop smoking including behavioural support, advice around nicotine replacement therapy, work with GPs, primary and secondary care around the NHS long term plan.

Following the presentation, the following comments were made:

- The highest smoking rates tend to be in areas of deprivation alongside other issues and these need to be addressed from a Public Health perspective.
- In terms of young children and the Where's the Harm booklet, this is going to be delivered with additional information and targeted at Under 18s in schools and in PSHE lessons and there are links too with the Family Hubs.
- With regards to pregnant woman and smoking, under the NHS Long Term Plan, this will be delivered by the NHS Midwifery Service.
- There has been a delay in the national incentive scheme for pregnant women to stop smoking and when it commences, it will be managed by the NHS.
- There is also an awareness of pregnant women relapsing and within the current contract, there will be targeted work post pregnancy, working with health visitors and 0-19 teams.



- Targeted work needs to be done in workplaces and community groups.
- In terms of vaping, the message is, that if you have never vaped do not start, and if you have smoked swap to vaping.
- In terms of legislative changes, look to manage the ingredients of vapes and align the prevention of tobacco sales to vape sales also.
- There is now a Check 25 on vapes that follows accordance with Trading Standards and there are stringent checks carried out by the current provider to ensure vapes are used by those over 25.
- Support is also given to those who wish to stop vaping and will be referred for nicotine replacement therapy.
- As alluded to at the September Board meeting, concern around vaping and smoking sponsorship for sports teams was raised again. The Board noted that there is a piece of ongoing research being carried out to see if there is any evidence that this increases the number of young people vaping and to look at reducing the impact of that. The findings are due to come to a future meeting of the Board.
- The additional funding that has been allocated £1.6m comes with the mandate to increase the number of people to stop smoking and separate to that is an option to be part of the Swap to Stop Scheme, which will give access to the vaping aspect to help people to swap. For the last two years, the NHS has been receiving money directly for smoking cessation advice through the hospitals and is assumed to continue separately.
- With regards to integrated working, it was suggested that the Chair of the Health and Wellbeing Board, formally write to the Integrated Care Board to suggest the pooling of funds for working towards a smoke free generation, which includes the smoking cessation, Section 31 and Swap to Stop funding, to avoid duplication and to agree to have one plan for prevention and reducing health inequalities.

Resolved: That the Health and Wellbeing:

- (i) Supported the Government's intention to achieve a Smoke Free Generation.
- (ii) Endorsed the Council's submission of a bid for additional national funding to enable expansion of the 'Swap to Stop' programme to help smokers to stop smoking ([Appendix 'B'](#)).
- (iii) That the Chair of the Health and Wellbeing Board, formally write to the Integrated Care Board to request the pooling of funds for joint working towards a smoke free generation, to avoid duplication and as part of a single plan for prevention and health inequalities.

6. Winter Preparedness

Clare Platt, Health Equity, Welfare and Partnerships, Sue Lott, Adult Social Care – Urgent Care, Acute and Prisons, Lancashire County Council and Craig Frost, Urgent and Emergency Care, Lancashire and South Cumbria Integrated Care Board provided members with a collaborated [report](#) which highlighted plans in place across NHS and Local Government organisations to support health and wellbeing needs of Lancashire residents during the winter.



A presentation was given to the Board and is appended to the minutes and was circulated to members following the meeting. It provides further information on the following:

- Winter Preparedness 2023/24
 - Public Health, Wellbeing and Communities
 - Highways
- Adult Social Care Winter Plan 2023/24
 - Winter Planning - Context
 - Winter Planning – Funding and Oversight
 - Winter Planning – What's in the Plan
- Resilience and Surge Planning for Winter 2023/24
 - Winter Planning Guidance 2023/24
 - Winter Planning Process 2023/24
 - Place Winter Plans 2023/24
 - Urgent and Emergency Care (UEC) Investment Schemes 2023/24
 - Winter Campaign
 - Governance
 - Summary of Key Changes to System Co-ordination Centres (SCC) and Operational Pressures Escalation Levels (OPEL)

Following the presentation, the following comments were made:

- In terms of the discharge to assess, the offer is being expanded. Currently there are a number of beds in in-house older people's care homes, which are dedicated to residential rehabilitation and also spend on discharge to assess beds which is in the independent sector. Therefore, people being discharged from hospital who cannot return directly home, go into a care home for a period of up to four weeks and are assessed in that care home. The offer is now expanding on in-house beds by widening the criteria to include people who need a period of recovery, recuperation or a period of assessment. Currently people who are going into the independent sector are not always getting therapy intervention and through in-house beds they will receive this quicker by working collaboratively between Adult Social Care and the NHS as well colleagues who support those beds from a therapy provision.
- With the help of the Better Care Fund, it is hoped that improvements will be made as currently, too many people are going from hospital into a care home placement and that is an action from the Better Care Fund to improve that metric. The Board noted that there is a working group set up around discharge to assess and part of the work is to review some of the procedures and ensure they are aligned with national guidance.
- The independent sector care homes will still be required, particularly for people who need a nursing level of care that the Local Authority do not provide.
- In terms of support through public health, it is improving, however, there is still work to do, which also short-term depends on funding from year to year, as well as having discussions on collaboration work and working with Districts and their communities.



Resolved: That the Health and Wellbeing Board:

- (i) Endorsed the plans.
- (ii) Considered any future areas for improvement and collaboration.

7. Better Care Fund

Sue Lott, Adult Social Care – Urgent Care, Acute and Prisons, Margaret Ashton-Gray, Health and Social Care Integration Finance, Lancashire County Council and Paul Robinson, Midlands and Lancashire Commissioning Support Unit, NHS provided a progress update of the Better Care Fund reset work and actions taken since the Health and Wellbeing Board in September 2023.

The Board were informed that the quarterly report has been submitted and requires formal sign-off from the Health and Wellbeing Board at this meeting. The report shows that it is broadly on track with regards performance against the mandated Better Care Fund metrics, except for admissions to long term residential care for which mitigating actions are in place.

The quarterly finance report (circulated separately to the Board) is a first iteration of what will become a regular part of the Better Care Fund quarterly reporting. A template will also be circulated separately for which the ambition is to use as the reporting template for future finance reports.

The reset programme is progressing and updates regarding various elements are provided within this report, including take up of the Better Care support offer and proposals on which element of the thematic review the system should commence first.

Information is also provided on the Hospital Aftercare service (circulated separately to the Board) which is one of the services funded through the Better Care Fund. The stories demonstrate the positive impact the service has for the people it supports. The intention is to regularly provide this type of information to the Health and Wellbeing Board, to support awareness of the scope of the services and teams delivered through use of the monies in the pooled fund.

Further detailed information can be found in the [report](#) on the following:

- The Lancashire Better Care Fund Quarterly Report
- Section 75
- Quarterly Finance Report
- The Review and Reset Work
- Better Care Fund (BCF) Support Offer Update
- Hospital Aftercare – Stories



Following the presentation, the following comments were made:

- That delays in funding payments from the Integrated Care Board to the Better Care Fund, from a Board's perspective raises concerns and assurance was needed. Lancashire County Council is the accountable body for the Better Care Fund, and for example the Discharge to Assess (D2A) fund is paid into the fund by the Integrated Care Board and then distributed back to the Board. This is the current mandated mechanism to receive the monies into the pool and the schemes that have been approved which are carried out by the Integrated Care Board, will then be returned, so they can continue to provide those services.
- The Better Care Fund pooled funding mechanism needs to be reviewed.
- In terms of the additional Integrated Care Board funding allocation of £10m into social care, the Board were informed that discussions commenced in the last financial year when the benchmarking information was shared with the Integrated Care Board and that there continues to be discussions on allocation of spend and it is hoped that a decision on that spend will be reported back to this Board at its next meeting in January 2024.
- It was suggested that a Better Care Fund Manager from the Integrated Care Board needs to be identified to oversee the funds activities.
- As from April 2024, the Lancashire Place Partnership will take delegated responsibility for the Better Care Fund from the Integrated Care Board. It was suggested that when decisions on the funds are to be made, that a joint meeting between Lancashire Place Partnership and the Lancashire Health and Wellbeing Board is convened.

Resolved: The Health and Wellbeing Board:

- (i) Received the report and commented on the progress to date on the review and reset programme and receive a further report at the Board's next meeting in January 2024.
- (ii) Considered and endorsed the proposal of focussing on the theme of Intermediate Care first.
- (iii) Received and considered the Finance Summary Report (circulated separately to the Board).
- (iv) Agreed and signed-off the Lancashire Better Care Fund Quarterly Report (circulated separately to the Board).
- (v) Would receive the decisions for spend, following further discussions on the additional Integrated Care Board funding allocation of £10m into social care at its next Board meeting in January 2024.

8. Urgent Business

There were not any items of urgent business received.



9. Date of Next Meeting

The next scheduled meeting of the Board will be held at 2pm on 23 January 2024. This meeting is likely to be a workshop following by a short formal meeting of the Board and will be held at County Hall, Preston.

H MacAndrew
Director of Law and Governance

County Hall
Preston

