

Delivery partners in the Lancashire Substance Use Treatment System

Active Lancashire

Active Lancashire is the strategic lead for Sport and Physical Activity in Lancashire. They connect with like-minded local organisations and individuals to help bring about active lifestyles. Nationally they are one of the many Sport England-led Active Partnerships that drive a sports delivery system across the country.

They use sport and physical activity to influence behaviours and develop skills which can have a broader, positive impact on people's lives.

Active Lancashire supports people in addiction and recovery to connect with physical activity and sport to improve health and build resilient communities. It is a key partner in the treatment and recovery system contributing to community action, building skills and knowledge and improving individual health and wellbeing.

Change Grow Live (Inspire)

Change Grow Live is a charity, providing prevention, treatment and recovery support services across England and Scotland.

Every year our multi-disciplinary teams support more than 200,000 people affected by drug or alcohol use, homelessness, and the criminal justice system.

Change Grow Live provide the main and core adult community treatment provision in Lancashire.

They provide. The following is not an exhaustive list and illustrates the main aspects of treatment.

- Psychosocial interventions
- Pharmacological interventions
- Treatment and recovery support
- One to one work and group work
- Harm reduction – needle exchange, advice and information, support to manage and reduce drug and alcohol related harm.
- Relapse prevention
- Support and training to allied professionals.
- Assessment, Prescribing and health care interventions and referral.
- Community detoxification treatment and support
- Assessment and support to access residential detoxification and works closely with social workers to support people to access residential rehabilitation programmes.

Lancashire women

Lancashire Women are a leading charity, supporting an average of 5000 people each year in Lancashire to improve their lives and push through the barriers they face.

They offer support with employment, mental health and wellbeing support (1 to 1 sessions and group sessions), money advice and energy advice. They also have a

Justice & Safety team who work with women in the justice system or women who might face homelessness or domestic abuse.

For the treatment system Lancashire women provide specific support to women involved with the criminal justice system. They provide bespoke support to women that are treatment resistant and build on their commissioned work with the probation service to support the transition from Prison to engagement in community treatment.

Red Rose Recovery

Red Rose Recovery (RRR) was established as a charity in 2012 and has become nationally recognised as a pioneering organisation in developing recovery systems and creating opportunities for people affected by substance misuse, mental health and offending behaviours.

As a Lived Experience Recovery Organisation, our staff's personal and relatable experience provides inspiration and hope to people who are struggling to find a way forward.

RRR also supports and helps co-ordinate the Lancashire User Forum which is the UK's largest mutual aid forum and active service user group delivering community action and recovery support across the county. You can attend this open and friendly forum any time during your recovery.

In Lancashire Red Rose Recovery provide.

- The Recovery Infrastructure Organisation (RIO) which works at an individual, community and strategic level to promote recovery and support people to achieve and maintain their own recovery.
- Provide lived experience staff to the Alcohol care team at Blackburn and Burnley Hospitals
- Provide lived experience workers to support criminal justice work, harm reduction, work with people with dual diagnosis (mental health and substance use needs), provide evening and weekend access to recovery groups and develop community resources.

The Well Communities

The Well is a not-for-profit community interest company founded in 2012. It had hubs in barrow, Morecambe, and Lancaster as well as sites in Kendal and Fleetwood and helps people recover from drug and alcohol addiction. Support is provided by people with 'lived experience' of addiction.

- Promotes and provides the therapeutic benefits of one addict helping another.
- focus on Asset Based Community Development. This means that we concentrate on each person's abilities, skills and knowledge (or 'assets') to build confidence and self-esteem.
- build lasting friendships and feel part of a supportive community – which is vital for achieving long-term recovery.

- We encourage members to get involved in their communities. This gives them a sense of pride that they're able to contribute and 'give back' to society.
- The design and delivery of our services is very much led by members and their families. This helps us to keep our services relevant, effective and inclusive.

In Lancashire the well provides.

- Group work
- Assertive alcohol work
- Out of hours recovery support
- Training for managers to support staff with lived experience in the workplace

We Are With You (WAWY)

We Are With You provide the Children and Young Person treatment and recovery service up to age 25.

We Are with You is a charity, providing prevention, treatment and recovery support services across England and Scotland.

In Lancashire We Are with You provides a comprehensive treatment and recovery offer for children and young people.

They run stand-alone young people's services which works in partnership with our adult service provided by Change Grow Live. Services are developed locally around the needs of young people and provide a holistic approach to support, focusing on reducing risk-taking behaviour, building resilience, self-esteem, and wellbeing to make positive change.

- Assessment, support, and referral
- Emotional support
- Education and prevention activities
- Training
- Psychosocial interventions
- Pharmacological interventions
- Harm reduction interventions
- Access to detoxification and rehabilitation activities in the community
- Relapse prevention