

Report Title	Delivering integrated health and care in the South Cumbria place
Date of Meeting	7 th October 2024
Presented by	Jane Scattergood, Director of Health and Care Integration, South Cumbria Place
Author	Victoria Ellarby, Director of Place Development and Integration, South Cumbria Place
Agenda Item	5

This paper has links with the following Integrated Care Strategy Domains

Starting Well	Give our children the best start in life, supporting them and their families with problems that affect their health and wellbeing, and getting them ready to start school.	✓
Living Well	Reduce ill health and tackle inequalities across mental and physical health for people of all ages by understanding the cause of these unfair differences.	✓
Working Well	Increase ambition, aspiration and employment, with businesses supporting a healthy and stable workforce and employing people who live in the local area.	✓
Ageing Well	Support people to stay well in their own home, with connections to their communities and more joined up care.	✓
Dying Well	Encourage all our residents to feel comfortable in talking about planning for dying, and to be well-supported when a loved one dies.	✓

Executive Summary

The South Cumbria place serves a population of >186,000 living in a large coastal and rural footprint. It includes the geography of Westmorland and Furness Council, excluding the previous Eden District; some of the previous Borough of Copeland (around Millom) which is within Cumberland Council; and some of the previous District of Craven (around Bentham) which is within North Yorkshire Council.

Our population is varied, with some facing significant challenges associated with deprivation, inequalities, long-term health conditions and rurality. For example:

- 16% of our population lives in the most deprived 20% of areas in England, but in Barrow and Millom, this rises to 43%.
- There is an 11- to 18-year variation in life expectancy depending on gender, and up to 15-years variation between life expectancy and years spent in good health for both men and women living in Cumbria.
- Suicides in Barrow-in-Furness are significantly higher than the national average at 19.2 per 100,000 people (compared with the England rate of 10.4)

- We have the highest proportion of residents aged 65+ in the Lancashire and South Cumbria system and inward migration of older people for retirement.

Our current areas of focus have been agreed collaboratively in our place, and are driven by the needs of our residents, common challenges facing partners, and the strategic direction of the Lancashire and South Cumbria Integrated Care Strategy.

Our mission is to support and enable our communities to thrive, by working together with compassion, openness and respect, to improve the health and wellbeing of everyone in South Cumbria.

The paper provides a summary of our work in three key areas of delivery:

- Intermediate Care and the Integrated Wellness Centre – designed to promote independence for the ageing population, with a highly targeted and multi-disciplinary approach that looks beyond health factors alone to provide personalised support to the individual and their family/carers.
- Integrated Care Communities – long established in South Cumbria and designed to provide holistic and multi-disciplinary support across all-ages, focusing on population needs and inequalities.
- Workforce / Work and Health – working across partners to support an integrated approach to workforce wellness and support offers, and widening access to the workforce particularly for our young people who are not in education, training or employment. Barrow is one of the seven sites across Lancashire and South Cumbria to be piloting the WorkWell Partnership Programme, with our cohort drawn from the most deprived wards in Barrow and employees of small and medium size enterprises who do not have an occupational health offer.

The paper also sets out our formal governance arrangements, which include:

- Place Partnership Board – currently meeting quarterly, with an elected member as Chair and a chief executive from the voluntary sector as Vice Chair.
- Place Partnership Forum – meeting monthly, this is used to support engagement across a wider range of stakeholders on a particular challenge, risk, ask or proposal. As our longest standing forum, examples of our discussion topics are included to provide an insight into the breadth of our partnership working.
- Care Professionals Enabling Group – currently meeting bi-monthly, chaired by our Clinical and Care Professional Lead for the place, this creates a ‘safe space’ to address the practicalities of proposed changes on the activities of professionals, considering governance and/or risk, as well as informing the place of perspectives / issues experienced by care professionals.

Recommendations

Lancashire and South Cumbria Integrated Care Partnership members are asked to:

1. **Note** the current areas of focus for South Cumbria place, together with the drivers for setting these priorities and our associated ways of working.
2. **Note** the alignment of these priorities and work programmes to delivery of the Lancashire and South Cumbria Integrated Care Strategy.
3. **Note** our work in three key areas of delivery.
4. **Note** our formal governance arrangements, particularly our Place Partnership Forum, and our interfaces across our place/place+ system.

Governance and Reporting (list other forums that have discussed and/or approved this paper)

Meeting	Date	Outcome

Report authorised by:	Jane Scattergood, Director of Health and Care Integration, South Cumbria Place
------------------------------	---